

✧ **S E S S I O N C L A S S E S** ✧
SPRING 2017

Basic Tumbling
for ages 4 - 6

Basic tumbling such as front rolls, back rolls, hand stands, back bends, log rolls, and simple spotted cart wheels will be taught in a fun energetic environment! Tumbling mats will be provided.
A tumbling dance number will be taught to perform on the last day for family and friends!

Thursdays 5 – 5:30pm March 2nd – April 27th (no class March 23rd)

Instructor: Phoebe Desilets Assist: Simon Desilets

\$55 / 8 week session

Leaping Lizards Pommies!
Pom-Pon class for ages 5 - 7

Shake it! Young dancers will experience the excitement of dancing on a “team”.
Pom-poms will be used and there will be a routine performed on the last day of class at the studio for family and friends!
Pom-poms supplied by studio.
Participants must wear comfortable clothes and athletic shoes with clean soles. Space limited!

Saturdays 10 – 10:30am January 28th – March 18th

Instructor: Grace Ade

\$55 / 8 week session

Musical Theater Jazz Dance & Ballet Technique for Beginners
Age 15 & up

The basic steps, combinations and techniques of musical theater Jazz dance and Ballet will be taught in a fun-filled class.
Class will include 45 minute Ballet barre technique and
45 minute session of Musical Theatre jazz technique and combinations.
The perfect class for teens and adults interested in building confidence for auditions and performance of musical theater.

Saturdays 11:00 – 12:30pm March 4th – April 29th (no class March 25th)

Instructors: Gardenia Gilbert (Ballet) & Robin Berger (Jazz)

\$140 / 8 week session

Leaping Lizards Performing Arts Studio
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