#### ♦SESSION CLASSES ♦ FALL 2017

# **Basic Tumbling**

**for ages 4 - 6** 

Basic tumbling such as front rolls, back rolls, hand stands, back bends, log rolls, and simple spotted cart wheel preps will be taught in a fun energetic environment! Tumbling mats will be provided.

A tumbling dance number will be taught to perform on the last day for family and friends!

Thursdays 5 – 5:30pm September 14<sup>th</sup> – Nov. 2<sup>nd</sup>
Instructor: Phoebe Desilets Assist: Simon Desilets
\$55 / 8 week session

#### **Leaping Lizards Pommies!**

Pom class for ages 5 - 7

Shake it! Young dancers will experience the excitement of dancing on a "team".

Pom-pons will be used and there will be a routine performed on the last day of class at the studio for family and friends!

Pom-pons supplied by studio.

Participants must wear comfortable clothes and athletic shoes with clean soles. The perfect class to take solo or as an add-on to the Doodlebug class! Space limited!

Wednesdays 5 – 5:30pm September 20<sup>th</sup> – November 8<sup>th</sup>
Instructor: Grace Ade
\$55 / 8 week session

#### Teen & Adult Tap for Beginners Age 15 & up

Learn the fundamentals of Tap dancing in a fun, nurturing environment. Previous tap experience not necessary. All students must have tap shoes.

Thursdays 6:30 – 7:30pm September 14<sup>th</sup> – Dec. 7<sup>th</sup> (No class on Thanksgiving, Thurs. 11/23<sup>rd</sup>) \$165 / 12 week session Instructor: Shelley Kohlman

### Musical Theater Ballet, Jazz & Tap (optional) Technique for Beginners Age 15 & up

The basic steps, combinations and techniques of musical theater Ballet, Jazz and/or Tap dance will be taught in a fun-filled class. Class will include 45 minute Ballet barre technique, 45 minutes of musical theatre Jazz technique and 30 minutes of beginner Tap (optional). Students may choose to take Ballet & Jazz only or all three!

The perfect class for teens and adults interested in building confidence for auditions and performance of musical theater.

Saturdays 11:00 – 12:30pm Ballet & Jazz September 16<sup>th</sup> – Nov. 4<sup>th</sup> 12:30 – 1pm Tap

**Instructors: Gardenia Gilbert** (Ballet), **Robin Berger** (Jazz & Tap)

Ballet & Jazz \$140 / 8 week session Ballet, Jazz and Tap \$180/8week session



To register, call: 314-645-6463

## Leaping Lizards Performing Arts Studio

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w w w.leapinglizardspas.com